

10th Annual Cow Pie Trail Run Half Marathon, 5K Run/Walk, & Kid's Fun Run

Saturday, October 12th, 2019 at Adams' Farm, 10 miles west of Loup City, NE

Registration Form

NAME: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

PHONE: (_____) _____ EMAIL: _____

BIRTH DATE: ____/____/____ AGE ON RACE DAY: _____ SEX: Male / Female (circle one)

EVENT:

HALF MARATHON _____ Race begins at 9:30 am **\$45 until 10/5; \$50 from 10/6 thru race day**

5K RUN/WALK _____ Race begins at 10:30 am **\$25 until 10/5; \$30 from 10/6 thru race day**

KID'S FUN RUN _____ Race begins at 10:00 am **\$10**

Packets must be picked up in-person; no T-shirts or packets will be shipped.

The race will be run in rain, snow, sleet, wind, etc. **We do not issue refunds for ANY reason** – please don't ask!

Please make checks payable to the **Rebecca Adams Green Foundation** and send to:

Megan Jaixen, 100 Jeemnds Ave, Loup City, NE 68853

Deadline to ensure a T-shirt is Sept. 16, 2017

T-SHIRT SIZE: SMALL _____ MEDIUM _____ LARGE _____ XL _____ XXL _____

YOUTH SMALL _____ YOUTH MEDIUM _____ YOUTH LARGE _____

Participant Waiver Statement:

I know that running this trail race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risk associated with running the Cow Pie Trail Run including, but not limited to falls, contact with other participants, effects of weather, and conditions of the course, all such risk being known and unknown and understood by me. Having read this waiver and knowing these facts in consideration of accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Rebecca Adams Green Foundation, Eldon and Esther Adams, all sponsors, agencies, municipalities, and volunteers, their representatives and successors for all claims and liability of any kind arising out of my participation in the event.

Participant Signature: _____ Date: _____

Printed Name: _____

Parent/Guardian signature required for participants under the age of 18.

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian Printed Name: _____

All proceeds benefit the Rebecca Adams Green Foundation, Inc.